

Frauenwörth Abbey



The Benedictine Abbey in Frauenwörth is located amongst the beautiful and historical Bavarian countryside at the foothills of the Alps. Together with the Nonnberg in Salzburg, the Frauenwörth Abbey is the oldest German speaking nunnery north of the Alps.

Getting there

Complimentary bus ride:

Departure 30 May at 8:00 a.m., from the TUM main entrance (Arcisstr. 21). Afterwards, transport to the Fraueninsel with a ferry boat. This is all free of charge, but you must register beforehand.

By train:

Take the Munich-Salzburg route, trains leave every hour. Get off at Prien am Chiemsee station; walk to the Prien-Stock harbor (about 20 minutes), or take a bus, a taxi or the Chiemsee steam engine. The ferry boat ride to the Fraueninsel takes about 30 minutes. Expenses cannot be reimbursed.

By car:

Autobahn A8 Munich-Salzburg. Exit at Bernau; drive to Prien in the direction of Rimsting/Breitbrunn, then continue to Gstadt; sufficient parking spots are available. The ferry boat ride to the Fraueninsel from Gstadt takes 15 minutes. Expenses cannot be reimbursed.

Registration

- You can register online at www.tum.de/gs.
- **In order to participate, you must be a member of the TUM Graduate School.** You can download a membership application form from the webpage. Further information: Juliane Tiemann (Tel. 089 289-10607).
- Places will be assigned according to order of registration. Deadline 7 May 2010.
- The event is financed by the TUM Graduate School and is of no cost to you. You can cancel your registration without any fee, until 7 May. For cancellations up until a week before the start of the seminar, a fee of 50 € will be charged. For cancellations afterwards or nonattendance, an amount of 600 € will be charged.

You should attend a Kick-Off Seminar within the first 6 months of your membership. See the website for seminar dates in 2010.

Contact

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www.tum.de/gs



TUM Graduate School Kick-Off Seminar

30 May - 2 June 2010

Frauenwörth Abbey

Frauenchiemsee





Dear doctoral candidates,

Welcome to the TUM Graduate School's third Kick-Off Seminar!

Awaiting you are four exiting work days amidst one of the most beautiful landscapes of Bavaria. You are invited, along with 100 TUM doctoral candidates, to discuss current scientific and research topics as well as to enhance and develop new perspectives on your dissertation.

Together with experienced coaches and committed guests, in lectures, workshops and convivial evening activities, you can acquire new ideas and advance your personal network.

Group sessions specially customized to your needs will offer you an insight into research methods, social and communication skills, in conjunction with career and future life plans.

I am confident the program holds something for everyone and I am looking forward to seeing you at Frauenchiemsee.

Kindest regards,

Ernst Rank
TUM Graduate Dean

Program

Day 1	08:00	Departure
30 May	10:30	Registration & Check-in
	11:00	Address of Welcome
	12:00	Lunch
	13:30	Keynote Address Prof. Thomas Hofmann, TUM Vice President
	15:30	Presentation TUM-GS
	16:00	Teamwork
	19:30	Collective Cooking and Dinner
Day 2	09:00	Market Place
31 May	11:00	Break
	12:00	Lunch
	13:00	Island Rally
	16:00	Course A
	18:00	Dinner
	19:00	Course A (Continuation)
Day 3	09:00	Course A (Continuation)
1 June	12:00	Lunch
	13:30	Course B
	18:00	Dinner
	20:00	Get Together
Day 4	09:00	Course B (Continuation)
2 June	12:00	Lunch
	13:30	Keynote Address Prof. Stephan Paul, Coordinator Universe Cluster
	14:30	Seminar Review & Farewell
	15:30	Departure

Sports program

It is possible to do sporting activities (table tennis, volleyball, table soccer, chess, etc.) in the evening and during the breaks.

Child care

Please feel free to contact us in case you need these services.

Course Offerings

Body Language & Presence

In this workshop you will learn how to leave a lasting impression by other means than speech. We will analyse our gestures, mimics, bearing and gait and see whether they make the impression we want to accomplish.

Future Life and Career Plans

How do I figure out what I really want to do career wise? To what extent will it be compatible with my life philosophy? This session offers the possibility to work on specific questions, so that the participants may later achieve results.

Upward Management

- Dealing with your supervisor/boss (building a productive relationship)
- Defining your boundaries (not wasting time and effort)
- Remaining positive (seeing the good in everything)

Research Methods

What is science? What distinguishes engineering from the natural sciences? Are the research methods different and if so, which ones are crucial to turn an activity into science or into engineering?

Scientific Paper Writing

Do you write scientific texts intuitively? Are you always in flow and inspired, or do you sometimes feel blocked? Here you will learn and practice how to approach writing systematically and how to produce strong papers according to the standards of English-language scientific writing.

Self Assessment

Today social and communicative expertise like the ability to uphold relationships and contacts, the management of critical situations and the ability to reflect on your own actions play a very important role in your career next to your working expertise. In this workshop you will have the possibility to discover your own strengths and weaknesses in various exercises like self presentations and group discussions.

Successful Communication

A fulfilling life and working environment is based on communication. In this session we will analyze our communicative strengths and weaknesses, broadening our competences with effective methods.

Team Oriented Project Work in Science

Why don't teams always function alike? This session reflects different team processes and shows how in science, one can work well together as a team. The goal is to increase motivation, to build a constructive team dynamic and to achieve a pleasant work atmosphere.

Time & Self-Management

A good and effective time- and self-management form is mandatory in today's competitive and accelerated workplace. This session offers an insight into techniques and basic skills required to, for example: identify procrastination and overcome it. The goal is a satisfying and effective administration of your personal resources.